

JUN 2022

KIRTLAND AND MAXWELL PLACE FAMILY HOUSING INSIGHT **NEWS & STORIES**



HAPPY FATHER'S DAY!



Our CEO's Message



Dear HMC Residents,

This month we officially welcome summer, celebrate graduations, observe Father's Day, and prepare for PCS season.

Congratulations to all of our graduates. Whether you are graduating college or kindergarten, taking the next step in

your educational career, and in life, is important and should be celebrated!

We want to ease the burden and stress that often comes with moving, and one way we can do this is to ensure we are providing clear communication, answering questions, and walking you through the process. You are encouraged to reach out to your Resident Service Specialist once you have received orders so they can guide you through every step.

On behalf of Hunt Military Communities, I wish all of our fathers and father figures, a Happy Father's Day. Whether you are serving far away or close to home – or supporting a spouse who is active duty – your commitment to your country and families is admirable. We look forward to honoring you this month.

Semper Fidelis,
Brian Stann

A handwritten signature in black ink, appearing to read 'Brian Stann'.

Hunt Military Communities
President & Chief Executive Officer



HuntMilitaryCommunities.com



Thank You

Thank you to everyone who participated in Muffins with a Manager!!

Friendly Reminders

- Please remember to follow posted speed signs at Kirtland Family Housing and Maxwell Place. There are children that play outside and residents that exercise in the housing areas. We want our communities to be safe for everyone.
- Residents, please be a good neighbor and don't allow your dogs to bark excessively and/or during off-hours, and please pick up after your pets. Residents are reminded that all pets are to be leashed outside. Also, please be sure to register all pets in the home with the leasing office if you have not already.
- Residents are reminded the Hunt resident portal is only to be used for routine work orders. Any heating/cooling issues, water leaks, and other emergencies are to be called into our offices at 505-551-3855.
- Please include Firearm and Ammunition Possession Guidelines (PDF in attachments).

SAVE THE DATE

June 3rd

June Birthday Celebration – Any Residents with a June Birthday, stop by the office for a cupcake at both Maxwell Place and Kirtland!

June 13th - 19th

Father's Day Facebook Contest – Facebook Contest with raffle for a prize.

June 14th

Marketing Focus Groups - see upcoming resident email for details and to RSVP.

8 Healthy Tips for Summer Dining

It's summer, and the warmer weather tends to influence people's dining habits by eating out and attending celebrations and events more frequently. In fact, some reports show that nearly half of consumers eat out more in the summer — often on a weekly basis.

Whether you are dining out or grilling at home, here are 8 healthy reminders:

1. Use portion control.

Healthy eating does not imply cutting out all of your favorite foods, but it doesn't mean you can eat whatever you want. For those few unhealthy items that you can't live without, consider moderation and stick to one serving a few times a week.

2. Make a healthy plate.

Whether you are attending a graduation party or eating at the cabin, make a healthy plate. Balance your plate with fruits, vegetables, protein, and whole grains. Follow the portion and proportion guidelines from the Department of Agriculture, which recommends half of your plate be filled with fruits and vegetables, and the other half with grains, protein, and dairy.

3. Read labels.

Be sure to read the nutrition facts label on food packages, or read the nutritional information on the menu carefully, noting how many total calories are in your serving. On average, one meal should range between 500–700 calories for a healthy adult. The breakfast meal usually is lighter in calories.

4. Dine and shop smart.

Even when you are dining out, remember the plate guidelines noted above. While french fries technically may be a vegetable, they aren't considered to be healthy. Shop the perimeter of the grocery store, and visit your local farmer's market for fresh, low-calorie produce.

5. Skip the salt, cut the fat.

When grilling, choose lean, unprocessed meats. And, when cooking, choose unsaturated fats and use less sodium. Experiment with herbs, spices, and vinegars to add flavor.

6. Be cautious of fad diets.

Plenty of diets promise results that sound too good to be true — and they probably are. Get the facts, do your research or ask your dietitian before considering a fad diet.

7. Snack smart.

Those morning pastries, afternoon cookies, and evening desserts add up. Choose fruit, low-fat yogurt, whole-grain items, or veggies and dip when looking for a snack. Fresh, in-season fruit can be a great snack, too.

8. Hydrate, hydrate, hydrate.

While it's important to stay hydrated year-round, summer activities can mean increased water loss through sweat and evaporation. Pay attention to staying hydrated and what you're drinking. Because calories from beverages can add up quickly, be sure to choose zero-calorie or low-calorie beverages. And with so many beverages on the market, remember fruit-infused or plain water is still one of the best and lowest-calorie ways to hydrate your body.

Article provided by: www.mayoclinichealthsystem.org



Summer Safety

Warm weather and long days are perfect for outdoor sports and activities, exploring nature, swimming, traveling with family and friends, and making happy memories. Here are some safety tips to help you, and those you love, stay safer and healthier all summer long.

Summertime COVID-19 Safety Precautions

This summer, COVID-19 safety precautions (mask-wearing, physical distancing and hand hygiene) still make sense when you are in public places, especially indoors. Make sure you are vaccinated and boosted as soon as you are eligible, stay up to date on coronavirus variants and follow local COVID guidance.

If you're traveling with family, whether it's a short day trip or a long vacation, make sure you bring along plenty of hand sanitizer and fresh masks.

Water Safety

Whether your family is spending time in the pool, at the beach, or on a boat this summer, you should be aware of the proper safety precautions to follow. Parents of young children should:

- Never leave your child unsupervised near water at or in the home, or around any body of water, including a swimming pool.
- Remember that very young children can tumble headfirst into buckets, ice chests, tubs, outdoor water features, toilets and other containers of water.
- Make sure any boating activities include proper flotation devices, like U.S. Coast Guard-approved life jackets, in case of an emergency.
- Consider learning CPR, especially if your child regularly participates in water activities.

Summer Skin Safety

One of the last things you're thinking about when you're relaxing on the beach is the possibility of developing skin cancer later in life. But how you care for your skin now — and your children's — may make a big difference down the road. Skin cancer is the most common type of cancer in the world, accounting for almost half of cancer cases.

According to the American Cancer Society, about 3.5 million cases of skin cancer are diagnosed in the United States each year. Wearing sunscreen properly and consistently — applying broad-spectrum, water-resistant sunscreen with a sun protection factor (SPF) of 30 or more — can lower your risk.

Other good ways to protect your skin during the summer include:

- Staying out of the sun during the peak hours of 10 a.m. to 2 p.m.
- Avoiding tanning beds.

Heat Stroke, Heat Exhaustion and Other Heat-Related Illness

Heat-related illness are real risks in the summer months, especially when you are working or exercising. Learn the symptoms of heat cramps, heat exhaustion and heat stroke, and be sure to stay hydrated with plenty of water when you are enjoying the outdoors on a hot day.

Summertime Sports Injuries

If your bike, running shoes, skateboard, basketball, tennis racket or other sports equipment have been gathering dust all winter and you are ready to get moving again, remember to go slow at first and take other precautions to prevent sports injuries.

For instance, overuse injuries commonly affect both professional and amateur athletes, and may be prevented by warming up before exercise, using proper technique and avoiding overexertion.

Sun Damage to Eyes

Wearing UV protection sunglasses can help shield your eyes from overexposure to ultraviolet light, which is associated with development of cataracts, macular degeneration, pterygium (or surfer's eye, an abnormal growth on the white of the eye) and photokeratitis (sunburned eyes). Effective "shades" don't have to be expensive: Any sunglasses that provide 95% to 100% UV protection offer protection.

Insect Stings, Ticks and Lyme Disease Prevention

Take care to protect yourself and your family from insect bites and stings and from ticks, which can spread Lyme disease. If you spend time outdoors, check yourself frequently for ticks, particularly your underarms, navel, behind your knees, and anywhere clothing presses on the skin.

If any of your loved ones are allergic to stings from bees or other insects, make sure you have emergency treatment with you before you leave the house and set out into the great outdoors.

Traveling to Other Countries

According to the CDC, injuries from motor vehicle crashes pose the greatest risk of injury to international travelers. For more information, visit the Safety While Traveling Abroad page for tips on motor vehicle safety and how to avoid hazards associated with swimming, violence and animals.

Article provided by: www.hopkinsmedicine.org





Join the KAFB Resident Council!

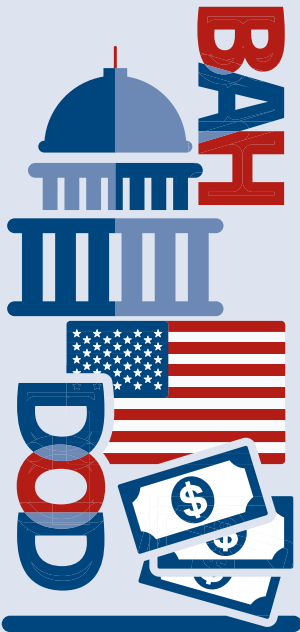
**KIRTLAND FAMILY HOUSING RESIDENTS,
Your privatized housing Resident Advocate, Stephen Kowal,
invites you to join the new KAFB Resident Council!**

Mr. Kowal is looking for a few service members or spouses from each Kirtland Family Housing neighborhood to step up to be the voice of your neighborhood on the KAFB Resident Council.

Please reach out to Mr. Kowal to learn more about the position, an application, a signed charter, and to share your interest and plans for the council.

YOUR RESIDENT ADVOCATE: STEPHEN KOWAL
Email: Stephen.kowal@us.af.mil • Cell: (505) 420-8369

WHERE DOES YOUR BAH WITH HUNT MILITARY COMMUNITIES GO?

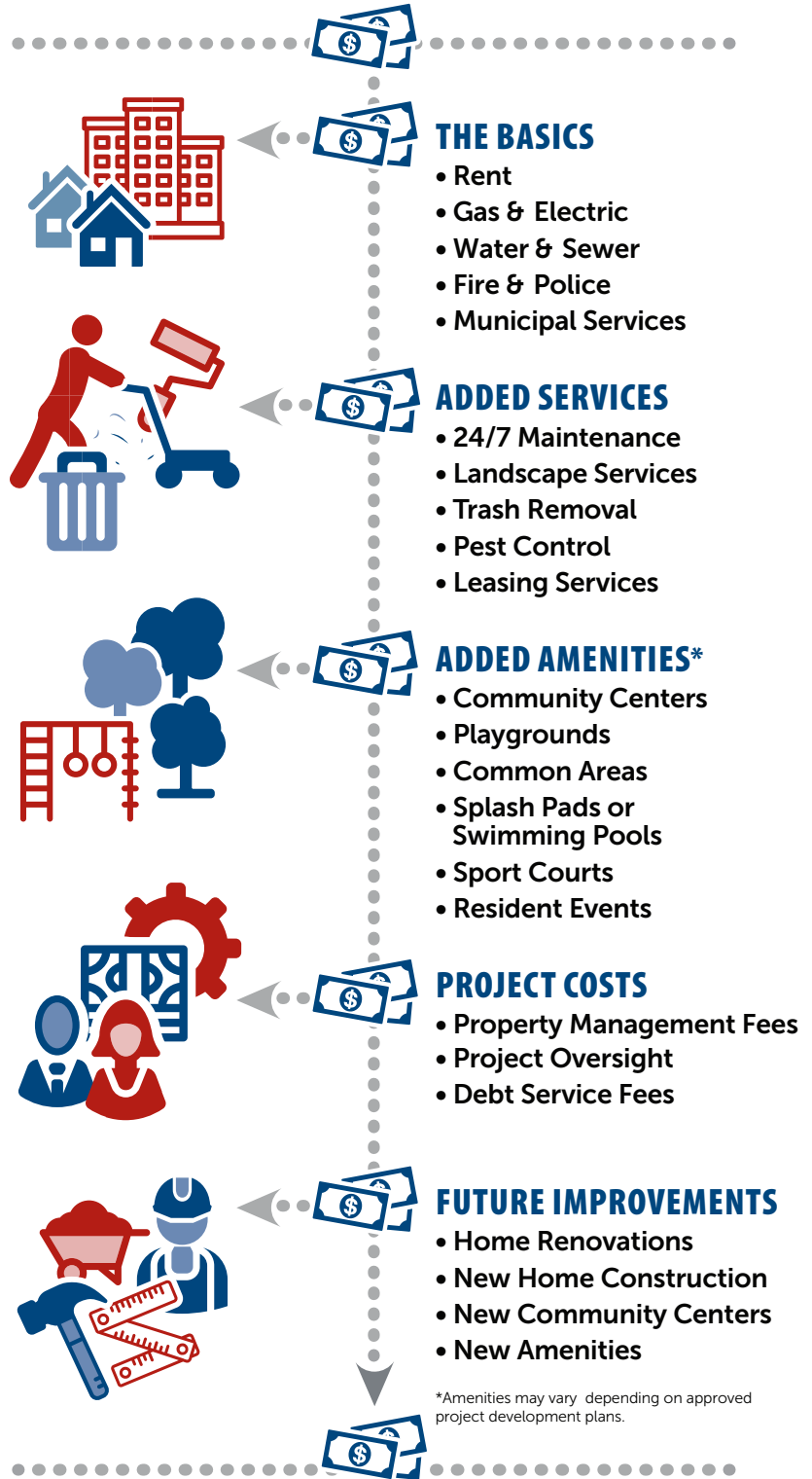


Your Basic Allowance for Housing (BAH) is the stipend the Department of Defense allocates for you to pay for the majority of rent and utilities.

HuntMilitaryCommunities.com



Your BAH with Hunt Military Communities Includes:



BAH funds are reinvested back into the project for current and future service members' needs.

CONTACT INFORMATION



KIRTLAND
HUNT MILITARY COMMUNITY

Please see below for our updated contact information:

 **Office Phone Line:** 505-551-3855

 **Leasing Phone Line:** 888-562-8154

 **Maintenance Work Orders:** 505-551-3855

 **Email:** kirtlandleasing@huntcompanies.com

CONTACT INFORMATION



**MAXWELL PLACE
AT KIRTLAND**
HUNT MILITARY COMMUNITY

Please see below for our updated contact information:

 **Office Phone Line:** 505-551-3855

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Firearm and Ammunition Possession Guidelines

Dorm Residents:

Dorm Airmen must register and store their firearms and ammunition with the SFS armory. The following form are required for registration:

DD2760 Qualification to Possess Firearms and Ammunition
AF IMT 1314 Firearm Registration
Firearm Storage MFR sign by Commander or First Sergeant

Complete forms and take paperwork and firearms to SFS armory located in the basement of dorm 20221. Provide the First Sergeant with a copy of the AF IMT 1314 and keep a copy for your records of both forms. A copy of the DD 2760 and AF IMT 1314 should be kept with the firearms with checked out.

The armory will store a small amount (1 box) ammunition, but it must be in the original packaging. The armory will require at least a 24 hours' notice to perform a background check to get your firearm out of the armory for any reason. The member will need the Firearm Release MFR signed by the Commander or First Sergeant.

Base Housing:

Base Housing residents must register their firearms with the SFS armory. The following form are required for registration:

DD2760 Qualification to Possess Firearms and Ammunition
AF IMT 1314 Firearm Registration
Pictures of Serial number

Complete forms and take paperwork to SFS armory located in the basement of dorm 20221. Provide the First Sergeant with a copy of the AF IMT 1314 and a copy of the DD 2760 and AF IMT 1314 should be kept with the firearms at your house.

Transporting Firearms and Ammunition on Base:

When transporting firearms and ammunition, the firearm must be cased and both must be separated

Concealed Carry Rules:

You are not allowed to conceal carry a firearm on base. However, you are allowed to conceal carry through the gate to your first stopping point on base with the following paperwork:

DD2760 Qualification to Possess Firearms and Ammunition
AF IMT 1314 Firearm Registration
A NM or reciprocating state concealed carry permit
Weapons MFR signed by the member, security manager, and Commander

Once you have reached your initial stopping point, you must separate the ammo from the firearm and store appropriately.

Forms must be carried with weapon while being transported.

At no time shall a firearm, conceal carry or not, be used on the installation.

Firearm and Ammunition Possession Guidelines (cont'd)

3. PRIVATELY OWNED WEAPONS REQUIREMENTS:

3.1. Carrying/Transporting/Storing Dangerous Weapons: On KAFB a dangerous weapon is defined as any firearm, other weapons that fire a projectile (including air rifles, BB guns, paintball guns, etc.), martial arts weapons (nun chucks, stars, swords, etc.), bows and cross bows, knives with fixed blades more than three inches, or any switchblade knife.

3.1.1. In accordance with the Gun Control Act of 1968, 18 U.S.C., Section 921(a)(3) a firearm is any weapon (to include a starter gun) which will, is designed to, or may readily be converted to expel a projectile by the action of an explosive.

3.1.2.1. With the exception of federal, state, or local law enforcement officers performing official business, privately owned firearms (POFs) will not be routinely carried on a person or in a vehicle on Kirtland AFB.

3.1.2.2. State concealed firearm permits are not valid on Kirtland AFB; however, Active Duty/Active Reserve military members and ANG/DOD civilians with a valid New Mexico concealed carry license (or reciprocating state concealed carry license) and assigned to Kirtland AFB, may temporarily transport and store their Personally Owned Firearms (POFs) in their Personally Owned Vehicles (POV) IAW federal law, DoD regulations, and State of New Mexico firearms laws. This policy allowing members to carry their POFs in their POVs is intended to protect personnel as they transit on and off base, to and from their place of duty/on-base residence. Temporary transportation of POFs must comply with the following conditions:

3.1.2.2.1. Under no circumstances will a POF be carried on the person (other than the initial transport to the first on-base destination and upon departing the installation) and under no circumstances will the weapon enter any building/facility, with the exception of the person's onbase residence or 377 SFS armory.

3.1.2.2.2. The member, upon arrival at their initial on-base destination, will secure the firearm in the vehicle and not remove the weapon from its storage place until returning to the vehicle to depart the installation. The vehicle must be locked at all times when unattended. If the member is returning to their on-base residence, the firearm must be removed from the member's POV and secured in their on-base residence.

3.1.2.2.3. POFs will be secured in an appropriate weapons case or vehicle compartment. Members will secure and control the vehicle at all times. As used here, a "compartment" is a closed compartment (i.e., glove box, center console, lock box, case, etc.) which hides the firearm from view outside of the vehicle. Lockable/secured weapons boxes/safes/containers are preferred/highly recommended, to limit exposure to children or risk of theft; however, these items are not required, if the vehicle is properly locked/secured.

3.1.2.2.4. Members may not store a POF in their POV longer than 24 hours. For storage greater than 24 hours the POF must be registered and placed in the member's on-base housing or the 377 SFS Armory.

3.1.2.2.5. Fully automatic POFs will be stored in the SF Armory or stored off of the installation. Members will not store automatic firearms in their POVs.

3.1.2.3. In order for a POF to be transported or stored in a vehicle, the member must:

3.1.2.3.1. Maintain a current/valid New Mexico Concealed Handgun license issued by the State of New Mexico (or reciprocating jurisdiction);

Firearm and Ammunition Possession Guidelines (cont'd)

3.1.2.3.1.1. If the member does not satisfy the provisions of para. 3.1.2.3.1., they may transport a POF in their POV, but the ammunition must be separated from the POF and the POF must be securely stored in a secured weapons case or vehicle compartment in accordance with para. 3.1.2.2.3.

3.1.2.3.2. Provide a memorandum to their commander which indicates the member has read and understands the rules and regulations regarding the transportation and storage of a POF in a POV. In this memorandum, the member will also acknowledge their ability to transport and store their weapon can be revoked at any time and for any cause by their commander. Members may not transport and store their POFs until their commander has endorsed the memorandum and they have completed the additional steps outlined below. 377 ABW/JA can provide a template of the memorandum for commander endorsement;

3.1.2.3.3. Register the POF via AF FM 1314, complete DD Form 2760, and follow the procedures as directed in this instruction;

3.1.2.3.4. Maintain the AF FM 1314, signed by the member's commander in the member's POV. The AF FM 1314 will serve as the document authorizing transport/storage of the weapon in the member's POV on Kirtland AFB. The member will also notify LE personnel during any traffic stops or other official interactions that they are carrying a POF and will provide their concealed carry license and AF FM 1314 to the LE Officer upon request;

3.1.2.3.5. In the event this privilege is revoked (due to Article 15, domestic violence, Commander's direction, etc.), a letter will be placed into the member's PIF and on file in the VCC. Members are to immediately cease transporting/storing their POF in their POV upon this revocation;

3.1.2.3.6. Airmen residing in Kirtland AFB dormitories WILL NOT store firearms in their rooms or their POVs. Firearms must be stored in the 377 SFS Armory.

3.1.2.3.7. Members TDY to Kirtland AFB, individuals residing in lodging or Temporary Living Facilities (TLFs), private contractors, and visitors are prohibited from storing weapons in their vehicles, TLF or any other lodging facilities. 377 SFS Armory is the mandated storage repository for these firearms.

3.1.2.4. Individuals WILL NOT remove their weapon from storage in their vehicle for any purpose while on the installation and ARE NOT in any way to use their weapon in an attempt to augment or intervene in any security or law enforcement situation.

3.1.3. Concealed Carry on the installation under the provisions of H.R. 218: The Law Enforcement Officer's Safety Act (LEOSA) is permissible IAW AFI 31-101. The permit holders outlined in para. 3.1.4. are authorized to carry in all open areas, vehicles and facilities with the exception of dormitories, the MDG/VA Complex, and restricted/controlled areas. Personnel with state issued concealed carry permits, regardless of state, are not authorized to carry concealed at any time on Kirtland AFB.

3.1.3.1. 377 ABW/CC or DFC may suspend concealed carry for an individual or for all individuals installation-wide based upon increased FPCONs, local threat, lack of adherence to standards or discretion. All personnel who fall under AUoF status who are DNA will surrender their LEOSA to the AUoF office along with their RAB.

Firearm and Ammunition Possession Guidelines (cont'd)

3.1.3.2. Contact with Law Enforcement or Command Officials. LEOSA credentialed individuals stopped for RIEVC/RVIs, traffic violations, or for any other reason by law enforcement or command official (Commanders, First Sergeants, Security Forces, or AFOSI) must immediately inform the official that there is a firearm in their vehicle or on their person. The LEOSA certified member must have the credential on their person.

3.1.4. Acceptable LEOSA Credentials. Individuals must have their valid LEOSA credentials immediately available at all times when they have a firearm in their POV or on their person while on KAFB. Acceptable LEOSA forms:

3.1.4.1. AF Form 688D, USAF LEOSA 926B.

3.1.4.2. AF Form 688E, USAF LEOSA 926C.

3.1.4.3. AFOSI Form 59A.

3.1.4.4. AFOSI LEOSA Identification Card.

3.1.4.5. Other Federal/State/Local Law Enforcement Officer Credentials.

3.1.5. Air rifles (BB guns) are authorized on KAFB, but can only be fired at an approved range. Family members under 18 years of age must be supervised at all times while on the range by either a parent or an adult 18 years or older. Shooters must fire their weapons from the firing line to a target placed down range and must observe all safety rules. Paintball guns are not authorized for use on KAFB unless specifically approved by the 377 ABW/CC. Airsoft weapons are not authorized for use in any populated area (housing, dormitory etc.).

3.2. IAW AFI 31-117, Arming and Use Of Force by Air Force Personnel, all commanders must continually monitor personnel for suitability of to bear firearms, and evaluate available information and if necessary, take immediate action to temporarily withdraw the affected person's authority to bear a firearm. If warranted, commanders must also deny the person access to any government-owned or privately owned firearm and associated ammunition stored in a government firearm storage facility.

3.2.1. A commander may determine it necessary to withdraw a member's authority to bear firearms (both government and courtesy storage of POWs in the Security Forces Armory) for the following reasons:

3.2.1.1. Personnel found to have a qualifying conviction under the Gun Control Act/Lautenberg Amendment.

3.2.1.2. Identified substance abusers.

3.2.1.3. Emotionally unstable or behavior suggests they are incapable of using firearms with care.

3.2.1.4. Determined by medical authority to be suffering from alcohol abuse or dependence.

Firearm and Ammunition Possession Guidelines (cont'd)

3.2.1.5. Taking prescription medication that impairs their ability to use firearms. Use of prescription medication does not always disqualify individuals from bearing firearms. However, commanders must consult with the responsible physician when medication that impairs the ability to handle firearms is prescribed.

3.2.1.6. Relieved of duty for disciplinary reasons.

3.2.1.7. Relieved of duty pending a UoF Review Board, following a member's UoF shooting.

3.2.2. Commanders that have determined the need to temporarily withdraw authority to bear firearms (both government and courtesy storage of POWs/ammunition in the Security Forces Armory) are required immediately to notify the servicing armory(s). The verbal notification can be made by the Commander, First Sergeant, or duty roster authentication official to the servicing armory(s) and the affected person. If applicable, notice to the affected individual will also include their inability to carry a concealed firearm under the Law Enforcement Officers Safety Act. Servicing armories will take appropriate action to ensure any government-owned or privately owned firearm and associated ammunition is not issued to a person whose authority has been withdrawn. Within 72 hours, commanders will submit, to the servicing armory(s), a written memorandum containing the individual's name, rank, squadron, SSN, weapons serial number, general reason for the temporary withdrawal (i.e. medical, disciplinary, investigation, etc.) and commanders intention to deny weapon/ammunition access. This memorandum must also be signed by the affected individual notifying him of the withdrawal action.

3.2.3. Commanders are responsible for ensuring compliance with the Gun Control Act of 1968, Public Law 104-208, and (18 U.S.C. § 922(d)(9) and (g)(9) (Lautenberg Amendment). The Gun Control Act prohibits military personnel, civilians, and contractors with a qualifying conviction of a misdemeanor crime of domestic violence from shipping or transporting in interstate or foreign commerce, or possessing in or affecting commerce, any firearm or ammunition; or receiving any firearm or ammunition which has been shipped or transported in interstate or foreign commerce. Furthermore, it is a felony for any person to sell or otherwise dispose of firearms or ammunition to any person whom he or she knows or has reasonable cause to believe has been convicted of a misdemeanor crime of domestic violence.

3.2.4. Commanders that are required, by Gun Control Act/Lautenberg Amendment, to withdraw authority to bear firearms (both government and courtesy storage of POWs/ammunition in the Security Forces Armory) are required immediately to notify the servicing armory(s). If applicable, notice to the affected individual will also include their inability to carry a concealed firearm under the Law Enforcement Officers Safety Act.

3.2.4.1. Servicing armories will take appropriate action to ensure any government-owned or privately owned firearm and associated ammunition is not issued to a person whose authority has been withdrawn.

3.2.4.2. Final disposition of the affected member's property: The property owner will be required to appoint an individual, via power of attorney, not affected by the Gun Control Act/Lautenberg Amendment before the weapon/ammunition can be released from the servicing armory. Servicing armories will maintain a copy of the power of attorney with other required paperwork associated with the transfer from the armory. The commander must brief the affected member that the weapon must be disposed of IAW the Gun Control Act/Lautenberg Amendment via memorandum.

Firearm and Ammunition Possession Guidelines (cont'd)

3.2.4.3. Purchases of firearms at AAFES facilities. Firearms purchased at the Main Exchange will be secured and transported IAW paragraph 3.1.2. In addition AAFES will be required to place a trigger lock or similar device on all firearms before they are released to the customer and provide them information on the transportation requirements.

3.3. Registration and Storage of Dangerous Weapons.

3.3.1. Personnel residing in Base housing, including the Maxwell housing area, are required to register their privately owned firearms with the 377 SFS Armory. In addition, weapons must be stored in such a manner as to deter theft and preclude improper usage, especially by children.

3.3.2. Personally owned firearm registration and storage at the 377 SFS Armory is required for all personnel residing in temporary government quarters, i.e., Fam-Camp, Temporary Lodging Facility (TLF), Visiting Officer Quarters (VOQ), and Visiting Airman Quarters (VAQ), for the duration of their stay at KAFB.

3.3.3. Personnel residing in the dormitories are prohibited from storing firearms or any other dangerous weapons in the dormitory. Dormitory residents will register and store their dangerous weapons with the 377 SFS Armory or secure them at an off base location.

3.3.4. When registering a weapon, the on-duty armorer will ask the individual for their ID card. The individual will be given an AF IMT 1314 and a DD Form 2760 to complete for registration and/or storage of the firearms(s). Military personnel are required to have their unit commander or designee sign the AF IMT 1314. All DoD civilians and contractors are required to have their supervisors sign the AF IMT 1314. All other civilians and retirees are not required to have a commander or designee sign their AF IMT 1314.

3.3.5. These forms must be completed and returned to the Armory within three duty days. The individual will be contacted if they fail to return the AF IMT 1314 and DD Form 2760 within the prescribed time. A copy of the AF IMT 1314, signed by the on-duty armorer, will be given to the individual as a receipt.